

THE BEST PART—THE RECIPES!

Breakfast—to Break the Fast

- Breakfast Basics
- Making Marvellous Muffins
 - Banana Chocolate Chip Muffins
 - Blueberry Oatmeal Muffins
 - Cheesy Jalapeno Cornmeal Muffins
 - Ham and Cheese Muffins
 - Orange Date Muffins
 - Pina Colada Muffins
 - Pineapple Bran Muffins
 - Plumberry Muffins
 - Sweet Potato Pecan Muffins
 - Tangy Orange Marmalade Muffins
 - Wild Blueberry Muffins with Streusel Topping
- Making Perfect Scones
 - Peppered Bacon Scones with Maple Butter
 - Cheddar Cheese Scones
 - Harvest Pumpkin Scones
 - Heavenly, Melt-in-your-mouth Scones
 - Whole Wheat Date, Orange, and Ginger Scones
- Yummy Breakfasts
 - Eggs Coddled in Tomatoes, Onions, and Peppers
 - Farmer's Frittata
 - Ham and Cheese Frittata with Green Onions and Fresh Apples
 - On-the-run Breakfast Cookies
 - Great Granola
 - Whole Grain Oatmeal Pancakes
 - Yogurt Pancakes
 - Whole Grain Bread with Oats, Flax, and Millet
 - Quick Blender Breakfasts

Soup's On!

Broth-Based Soups

- Avgolemono
- Borscht
- Spiced Carrot Soup
- Hearty Lentil Soup
- Italian Wedding Soup
- White Minestrone Soup

Cream-Based Soups

- Clove-Scented Tomato Soup
- Cream of Many Mushrooms Soup
- Nutmeg-Scented Creamy Cauliflower Soup
- Curried Cream of Broccoli Soup
- Savoury Pumpkin Soup

Chowders

- Spicy Vegetable Chowder with Nut Butter
- Veggie Cheddar Chowder

For Starters...

- Brie with Cranapple Chutney and Toasted Pecans
- Cajun Baked Shrimp
- Camembert in Phyllo with Rosemary-Scented Grilled Portobello Mushroom Cap and Blackberry Chutney
- Camembert with Sherried Mushrooms in Puff Pastry
- Classic Bruschetta with Tomatoes and Basil
- Creole Shrimp Cocktail
- Bruschetta with Marinated Portobello Mushrooms
- Dilled Salmon Spread
- Grilled Mediterranean Vegetable Strata with Sun-dried Tomato Vinaigrette
- Indonesian Satay
- Marinated Olives
- Orange Pecan Stuffed Dates
- Roasted Eggplant and Red Pepper Antipasto with Fresh Herbs
- Roasted Red Pepper Spread with Chevre
- Savoury Mini Scones
- Simple Olive Tapenade
- Spiced Tzaziki Dip
- Tangy Ginger Chicken Wing Drumettes
- Spicy White Bean Dip
- Steamed Prawn and Scallop Ravioli with Carrot and Ginger Broth

The Main Event

Beef, Pork, and Lamb

- Apricot Stuffed Roast Pork Loin with Rosemary Glaze
- Beef Stew with Merlot, Mushrooms, and Pearl Onions
- Biker John's Ribs
- Blackened Steak Salad with Salsa and Black Beans
- Braised Veal Shank
- Herb Crusted Tenderloin of Beef
- Jammin' Pork Tenderloin
- Spiced Lamb Burgers with Mint and Cilantro
- Lamb Chilli with Black Beans
- Marinated Flank Steak with Mustard Sauce
- 'Not so Chilly' Chilli!
- Pork Souvlaki
- Pork Sirloin Steaks with Garlic Rosemary Balsamic Glaze
- Pulled Pork Sandwiches
- Pork Medallions with Red Onion Marmalade
- Rib Eye Steaks with Brandied Peppercorn Sauce
- Tamale Pie

Fish and Fowl

- Baked Halibut with Pernod
- Cod with Fragrant Vegetables and Toasted Almonds
- Curried Coconut Mussels
- Greek Shrimp with Tomato Sauce and Feta
- Grilled Shrimp Salad with Spicy Peanut Dressing
- Haddock Fillets with Lemon White Wine Sauce
- Honeyed Chicken Breasts with Tarragon Mustard Cream
- Just a 'Bit o' Butter' Chicken
- Salmon with Four Marinades
- Panko Crusted Halibut
- Pan Roasted Cod with Ginger, Miso, and Cilantro
- Roast Chicken Stuffed with Autumn Fruits
- Spicy Coconut Chicken
- Stuffed Chicken Breasts with Panko Pine Nut Crust

Pasta

- Baked Penne with Cheese and Olives
- Cavatelli with Broccoli and Mushrooms
- Homemade Manicotti with Three Cheeses
- Linguine with Red Clam Sauce
- Marinara Sauce with Olives and Fresh Herbs
- Linguine Margarita
- Rigatoni with Italian Sausage and Colourful Peppers
- Spaghettini Carbonara
- Spinach, Basil, and Ricotta Gnocchi with Mushrooms and Pine Nuts

For Something Different

- Muffaletta
- Open-Faced Sandwich with Avocado, Tomato, Prosciutto, and Basil
- Polenta with Bolognese Sauce
- Continental Fondue
- Homemade Tortillas

On-the-Side

Great Grains

- Almond Rice Pilaf with Lemon, Thyme, and Toasted Almonds
- Curried Coconut Rice with Kidney Beans
- Saffron Rice with Apricots and Pecans
- Turkey Stuffing with Sausage and Hazelnuts
- Fruit and Nut Rice Pilaf
- Wild Rice Salad with Dried Fruits and Nuts
- Turkey Stuffing with Sausage and Hazelnuts

Salads

- Greek Orzo Salad
- Backyard Potato Salad
- Carrot, Raisin, and Chick Pea Salad with Fragrant Spices
- Curried Chick Pea Salad
- German Potato Salad
- Grape Tomato Salad with Olives, Cucumbers, and Fennel
- Pickled White Onions
- Pink Grapefruit and Avocado Salad with Poppy Seed Dressing
- Roasted Peppers with Tomatoes, Anchovies, and Pine Nuts
- Spinach Salad with Fresh Peaches, Raspberries, and Candied Almonds
- Black Bean, Roasted Corn, and Pepper Salad with Cumin Dressing

Salad Dressings

- Buttermilk and Parmesan Salad Dressing
- Poppy Seed Vinaigrette
- Raspberry and Red Wine Vinaigrette
- Sherry Wine Vinaigrette

Vegetables

- Braised Fennel with Dried Fruit
- Carrots in Vermouth
- Curried Chick Peas
- Glazed Beets with Balsamic Vinegar and Rosemary
- Marion's Java Baked Beans
- Pan Steamed Spinach with Garlic and Sesame Seeds
- Roasted Veggies with Soy and Garlic
- Sautéed Mushrooms with Shallots and Fresh Thyme
- Scalloped Tomatoes
- Smoky Green Beans
- Sweet Curried Carrots

Sweet Endings

Cookies and Squares

- Almond Clouds
- Cowboy Cookies
- Gingerbread Cookies
- Peanut Butter Oatmeal Cookies with Chocolate Chips
- Mom's Rolled Oatmeal Cookies
- Spicy Bonbons
- Lemon Slice
- Molasses Spiced Cookies
- Dream Cake Bars
- Popular Demand Peanut Coconut Balls
- Rum Balls
- Cocoa Bean Bites
- Biscotti with Almonds, Dried Apricots, and White Chocolate
- 'Oh, my goodness' Bars
- Half-Moons

Pies, Cakes, and Desserts

- Berry Peachy Crisp
- Baked Winter Fruits with Spiced Wine
- Tortoni
- Holiday Fruit and Nut Cake
- Christine's Self-Saucing Lemon Pudding
- Maple Walnut Pie
- Mother's Day Strawberry Pie
- Chocolate Angel Mousse
- Flaky and Tasty Pie Crust
- Perfect Pastry Cream for Chocolate Cream, Banana Cream, and Coconut Cream Pie
- Strawberry Shortcake
- Maple Pecan Pie
- Frozen Chocolate Mocha Cheesecake
- Devil's Food Peppermint Whoopie Pies
- Date Cake with Warm Caramel Sauce
- Blueberry Almond Roulade
- Spiced Carrot Cake
- Celebration Chocolate Cake
- Zucchini Lemon Poppy Seed Loaf
- Date and Nut Loaf

Beverages

- Bubbling Pineapple Punch with Ice Cream
- Hot Mulled Cider
- Grown Up Slush

Whole Berry Sparkling 'Float' Punch