### Appendix 1: Preventive manoeuvres studied

**Grades A* and B†**
- Folic acid supplementation for primary prevention of neural tube defects
- Smoking cessation counselling and nicotine replacement therapy
- Treatment of hypertension
- Mammography and clinical breast examination for women 50–69 yr
- STD screening in high-risk groups
- Papanicolaou smear for sexually active women
- Influenza vaccination for patients ≥65 yr
- Blood pressure measurement for patients 21–64 yr

**Grade D‡**
- Proteinuria screening
- Blood glucose screening
- Prostate-specific antigen testing for men ≥50 yr
- Chest radiography
- Mammography for women 40–49 yr

*There is excellent evidence from repeated randomized controlled trials to support the manoeuvre.
†There is good evidence from cohort and case-control studies to support the manoeuvre.
‡Not recommended on the basis of fair evidence not to perform the manoeuvre.